



Adapting to the online world for students



This resource is for students who would like to increase their digital literacy and learn more about staying safe online.



Help for online study

You can find a range of student and study support services to help improve your academic writing, study and research skills or develop your digital literacy. There are also student health, support and wellbeing services available within your institution. To use these services, visit your institution's website.

Your institution will likely have the following links:

- **Study resources** – including skills ranging from time management through to academic writing and digital literacy. Digital literacy can include how to use online learning systems and collaboration platforms, search databases, or use software (including AI) for assignments or research.
- **Student health, support and wellbeing services** – you can use these to deal with stress and anxiety, including if you feel overwhelmed by online learning and collaboration.
- **IT support** – including assistance using platforms, setting complex passwords or passphrases and solutions for issues with technology.

Student support from eSafety

[eSafety](#) is Australia's independent online safety regulator and educator. It has a range of resources to support you.

- [The eSafety Guide](#) provides advice on how to protect your personal information and report harmful content on common social media platforms, online games, apps and other websites.
- [Key topics](#) pages help you manage risks such as online abuse, sextortion and sharing nudes without consent.
- The pages for [young people](#) explore online safety issues from a youth perspective, including examples of real experiences.
- You can find help and advice about online safety in [languages other than English](#).



Student support from Be Connected

Be Connected is an Australian government initiative committed to increasing the confidence, skills and online safety of Australians. It aims to empower everyone to use the internet and everyday technology to thrive in our digital world.

- The **[Be Connected topic library](#)** with modules to help you learn about the world online for study and your personal life.
- Step-by-step videos and interactive guides on how to set up and customise your new or used **[Apple smart device](#)**, **[Android smart device](#)**, **[Apple computer](#)**, or **[Windows computer](#)**.
- Tips for **[online hobbies](#)** like researching family history, exploring Google Earth and writing a blog.
- **[Webinar presentations](#)** and **[articles](#)** to learn to stay safer online, with topics including how to spot a scam, safety on Facebook, data and public WiFi, online shopping and online banking.

