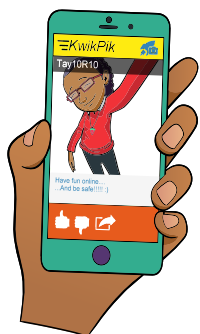# Forever

TEACHER'S GUIDE

Learning areas - **Australian curriculum**

This activity has been designed for students aged 8-10 years.

It can be run with older students where appropriate.

This activity supports learning in the following areas of the Australian Curriculum:
* Health and Physical Education
* Technologies
* General Capabilities (Ethical Understanding)

TARGET
Age group
8-10 YRS

LESSON
Duration
35-45min

LEARNING OBJECTIVES
By the end of this activity students will be able to:

* Identify safe sharing of content/images online
* Describe and use strategies to protect their content/images online
* Understand risks of friending strangers online
* Recognise when to seek help with online dilemmas

Cybersmart Forever - Completing the activity

PART 1 - Cybersmart Forever video

10-15 minutes

(including class discussion during the video)
esafety.gov.au/cybersmartforever

PART 2 - Post activity lesson

45 minutes

This is designed to reinforce the messages in the video and can be completed immediately after the video presentation or as a follow up / separate lesson plan

BEFORE YOU START
The activity is designed to run on all media including desktop computers, tablets or electronic whiteboards. You will need access to the internet to play the video. Watching the video in full before running the activity with students is recommended.

THE VIDEO
The video is a teacher-led activity so it is best viewed on a large screen or electronic white board. The teacher stops the video at the pause break (or whenever you feel necessary) and facilitates the class discussion.

MID VIDEO – Discussion breaks

1. If you were in my shoes, what would you do?

This question encourages discussion about:
* Peer pressure
* Parent rules/ telling the truth

2. Do you know anyone that has added people to their accounts that they didn't know personally? What happened?

This question encourages discussion about:
* Dangers/risks of friending strangers online

3. When something is shared online, is there a way of deleting it?

This question encourages discussion about:
* Reflecting before posting personal information, including pics, online
* Who owns our content once it's posted online

END VIDEO – Discussion break

Possible questions to ask once the video is finished:
* What are some strategies to stay safe while sharing content/images?
* If something happened that made you feel uncomfortable what could you do?
* How can you help someone if they have had an issue when sharing content/images?
* Where can you report serious issues?

Follow-up your discussion with any of the activities provided in the Lesson Plan available on the Cybersmart website.

ADDITIONAL RESOURCES

This activity is part of the Cybersmart Challenge series.
The resources aim to educate and empower students about how to manage cybersafety issues in real life situations.
See our website to download more activities in the series.

CERTIFICATE

You also can download a Certificate of Completion to pass onto students that have completed the activity.

Cybersmart
CHALLENGE

Forever

Certificate of participation
awarded to

Julie Inman Grant
eSafety Commissioner

*explore safely

Office of the
eSafety Commissioner
esafety.gov.au

How to report
cyberbullying material

| 1

Report
the cyberbullying material to the social media service

| 2

Collect evidence
copy URLs or take screenshots of the material

If the content is not removed within 48 hours apply steps 3 and 4

| 3

Report it
esafety.gov.au/report

| 4

Block
the person and talk to someone you trust

If you are in immediate danger, **call 000** (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on
1800 55 1800, 24 hours a day 7 days a week

Australian Government | **e** **eSafety** Commissioner

esafety.gov.au