Be an eSafe kid:
Privacy and security

Lesson plan

This resource explores what privacy and personal information means and what an online 'stranger' can be. It supports students to develop strategies and skills to secure accounts and teaches them where to go for help and support. The resource has an animated slide deck, student worksheet, lesson plan and student follow-up activities.

Topics and key words: Online privacy and security, respectful online relationships, cyberbullying, digital reputation, digital footprint.

Target age group: Middle and upper primary.

Lesson duration: 20 to 30 minutes for slide deck session plus discussion and follow-up activities.

Activity purpose:
By the end of the learning, students will be able to:

• explore what privacy and personal information means

• understand who an online 'stranger' can be

• develop strategies and skills to keep their accounts secure

• learn where to go for help and support.

Australian Curriculum links:

This resource aligns with the following **Australian Curriculum** learning areas and general capabilities:

Health and Physical Education:

• describe strategies for seeking, giving or denying consent and rehearse how to communicate their intentions effectively and respectfully (**AC9HP6P07**)

• analyse and rehearse protective behaviours and help-seeking strategies that can be used in a range of online and offline situations (**AC9HP6P08**).

General capabilities:

• **Personal and Social Capability** – understanding relationships.

• **Information and Communication Technology (ICT) Capability** – apply personal security protocols.

Activity instructions

1. Watch the animated slide deck with your class and support students to complete the worksheet.

2. Use the student follow-up activities to extend or follow-up the lesson, or give to students to complete at home.

3. Encourage students to take their worksheets home to share with their family.

> Remember, talking about online safety can cause emotional distress for some children.
>
> Ask students how they are feeling during a classroom discussion and remind them they can ask questions or ask for help if it brings up issues or worries. Teachers may want to let parents and carers know about this activity in advance and consider if appropriate professional support is required.

Related resources

You can use the following resources to further explore the key messages and encourage students to continue the conversation with their families at home:

- **Be Secure** – a suite of five activities that explores critical thinking, device safety, protecting privacy, spending money online and getting help and support.

- **Hector's World** – videos, lesson plans and worksheets that cover the themes of protecting personal information, computer security and cyberbullying.

- **#Game On** – a suite of videos and lesson plans that explores online security and privacy, as well as cyberbullying, gaming and online friends.

Help and support

The eSafety Commissioner

eSafety helps Australians prevent and deal with harm caused by serious online abuse or illegal and restricted online content. We can help to get the harmful content taken down and provide support.

Kids Helpline (1800 55 1800)

A free, confidential 24/7 online and phone counselling service for young people aged 5 to 25 in Australia.

Student Wellbeing Hub (Australian Student Wellbeing Framework)

A space for educators, parents and students to build safe, inclusive and connected school communities that promote wellbeing and learning.

Bullying. No Way!

An online resource with information about how individuals, schools and communities can work together to help schools create learning environments where every student and school community member is safe, supported, respected and valued.