

Be an eSafe kid:

Online boundaries - It's OK to say 'no'



Student name: _____ Date: _____

Today we are going to learn about online consent or permission, and how to define online boundaries.

Complete this worksheet then share what you have learnt with your parents and carers at home.

Section one: Setting online rules and boundaries

1. Milo has stopped playing the online game because of Gordo's bad behaviour.

How do you think Gordo might react? Write down two words.

a) _____ b) _____

If you think you have hurt someone's feelings online, find out what to do by reading this page for kids: [How do I know if I'm being mean online?](#)

2. What are some boundaries or rules the kids could set so they can play together respectfully?

a) _____

b) _____

It is good to have a clear set of boundaries and rules when you are with others. You and your friends can create some rules together about how to behave online.

Use the tips in [The eSafety Guide](#) to set boundaries in apps and games.

Section two: Peer group pressure online

3. Belal's friends want to video him dancing and then post the video on social media.

What could Belal say to his friends if he doesn't want to be videoed, or have his video posted on social media?

The eSafety team has created scenarios for kids to help you practise saying 'no'. Ask your teacher for these scenarios.

Section three: Asking for permission or consent

4. What are two ways you could say 'no' if someone wanted to take or share your photo online?

- a) _____
- b) _____

5. What do you think consent or permission means?

- a) _____
- b) _____

6. Think about situations where we have to give consent or permission online. Give two examples.

- a) _____
- b) _____

If you feel you need help, talk to a trusted adult or friend, or contact [kidshelpline.com.au](https://www.kidshelpline.com.au) or 1800 55 1800.

Section four: Respecting someone's right to say 'no'

7. Alma does not want her photo shared. She is at Clover's party. What can her friends do to help?

a) _____

b) _____

For more tips about sharing photos and videos, visit the eSafety Kids page about [sharing personal information online](#).

If someone says 'no' it is important to respect their decision. Respecting other people's boundaries means:

- listening to them
- accepting their views, even if you disagree
- asking questions
- communicating clearly.

Sometimes people don't want to share their photos or give online consent and that is OK. It can be hard to understand why but appreciating their decision and listening to them is a great way to show respect.

Next steps

- Take this worksheet home and share with your parents and carers. Ask them what they know about setting online boundaries.
- Help them explore the eSafety pages for parents and carers at esafety.gov.au/parents.
- Suggest they sign up to receive our eSafety newsletter. They could also join an eSafety parent webinar to keep up to date with the latest online safety issues and advice.

