Be an eSafe kid:
Online boundaries - It's OK to say 'no'

'I feel comfortable' activity

This activity is designed to encourage discussions between students and educators about setting boundaries.

> **Be aware that students may disclose personal welfare issues during these conversations.**

Directions
These resources include:

1. Look at the 'Relationships' table below. (Table 1).
2. Discuss the meaning of each relationship.
    For example, a stranger might be described as a person the student has never met.
3. Show students the 'Actions – I feel comfortable' sheet. (Table 2).
4. Ask students to link the relationships with the actions.

NB: The important part of this activity is to discuss why the students made the link between the different people and the action.

Table 1 – Relationships

Relationships
A stranger
A person I only know online
Someone in the community, (for example, a shopkeeper or bus driver I see every day)
A teacher or a coach
A friend of a friend
Someone I'm in a group chat with, but do not really know
A friend of mine who I know really well
A family member

Table 2 - Actions

Ask students to connect the action with a person listed in Table 1. They also have the option to select 'no-one' if they feel the action is too private.

Actions I feel comfortable...	Person
Sharing my password with them	*For example, with my family or with no one*
Letting them game with me	
Letting them chat to me in a private message	
Doing a duet online with them (with settings on private)	
Doing a duet online with them (with settings on public)	
Letting them share a school photo of my class online	
Letting them see a photo of me in my swimmers	
Letting them look at a silly photo of me pulling a funny face	
Letting them watch me doing a duet online	
Being in an online call alone with them	
Following them on social media	
Clicking on a link in an email from them	
Letting them follow me on social media	
Being in an online call or chat with them and others	
Saying 'no' to a friend request from them	
Asking them not to take a photo of me	
Sharing a silly photo of me with them	
Accepting a friend request from them	
Talking to them, without anyone else knowing I am talking to them	
Asking to take a photo of them	
Telling them I do not like their online behaviour	
Create own -	
Create own -	