

How do you play it fair online?

Activities for students in Years 7 and 8

eSafety's '**Play it safe and fair online**' video has ideas about how to stay safe online and where to go for support if something goes wrong.

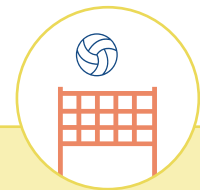
Use this worksheet to explore the topics covered in the video and discuss how these top Australian athletes play it safe and fair online:



Caitlin Bassett
Former Australian
Netball Captain



Grant 'Scooter' Patterson
Paralympic Swimming
Medalist



Taliqua Clancy
Olympic Beach
Volleyball Medalist

Before you watch the video

Think about how social media impacts your life and how you respond to negativity online.

How do games, apps and social media enhance your life?

How do you feel when negative things happen online? How do you generally respond?

#Play it Fair Online





Watch the **'Play it safe and fair online'** video.

After you watch the video

Use the questions below for a class discussion or a pair/share activity.

Discussion questions

- Caitlin says when you share your story publicly online, other people sometimes write what they want about you. What are the benefits and risks of having a public profile? Is it fair that athletes often experience online negativity and abuse as part of their job?
- How do you report an issue to your favourite game, app or social media service? Use [The eSafety Guide](#) to help you learn how.
- eSafety research shows that young people are sometimes reluctant to report negative online experiences. What would you tell a friend if they needed help?

List three things the athletes do to protect themselves and manage online worries.

1. _____
2. _____
3. _____

The eSafety website has more information about how to play it safe and fair online.

Explore the [eSafety Young People](#) webpages and find the online topics listed below.

Read each article and write down some online safety ideas in the column on the right. You can also choose your own topics to research and add them to the table, along with the corresponding safety ideas.

Topics	Online safety ideas
Trolling.	Screenshot evidence.
Pressures from social media.	
Receiving unwanted nudes.	

Help with online issues

If you feel you need help or support with an online issue, talk to a trusted adult, a friend or teacher. You can also call [Kids Helpline](#) (1800 55 1800) or [headspace](#). Find out how you can [report cyberbullying to eSafety](#). We can help you to remove bullying content and find the right support.