Connor lesson plan

Topics: Cyberbullying, online drama, banter versus bullying, digital reputation, digital footprint, consent for sharing photos and videos, respectful online relationships

Target age group: Lower and middle secondary

Lesson duration: 15 - 45 minutes

Story synopsis: Connor makes the decision to upload a photo that begins an avalanche of bullying against Kyle, online and off. Connor realises that sometimes a joke is not just a joke …

Discussions may lead to students disclosing personal welfare issues. Teachers should consider if appropriate professional support is required.

Recommended teaching approach

1. Instruct students to watch the video.
2. Use the attached **Activity instructions** to generate discussion about online safety. You may like to print the instructions for students.
3. OPTIONAL: Invite students to complete the personal reflection activity in class or at home. You could suggest a standard written response or the use of creative forms such as art, poetry, a screenplay or music.

Lesson purpose

By the end of the learning, students will:
- be able to define cyberbullying
- understand the concept of ethical online behaviour
- critically analyse the impact their decisions and actions can have on themselves, their family members, the school community and others
- be familiar with relevant eSafety resources and services
- know how to report cyberbullying.

Australian Curriculum links

This activity addresses Australian Curriculum Health and Physical Education and Digital Technologies outcomes including:
- Evaluate factors that shape identities and critically analyse how individuals impact the identities of others (ACPPS089)
- Investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing (ACPPS074).

It addresses elements of:
- Personal and Social General Capabilities including self-awareness and self-management
- Ethical Understanding General Capabilities including exploring values, rights and responsibilities.

Activity instructions – Connor's story

1. Watch the video – <u>Connor's story</u>

2. Main discussion question

Describe three <u>cyberbullying</u> behaviours in the video.

3. Answer the following questions

a. What type of cyberbullying behaviour does Kyle experience and how does it affect him?

b. What might other people think of Connor because he posted that photo of Kyle?

c. What type of cyberbullying behaviour did Connor experience?

d. Why do you think Connor cyberbullied Kyle even though he had been cyberbullied himself?

e. Discuss how friends could have helped Kyle and Connor.

f. What could Connor have done differently, to 'rewrite' his story?

4. Explore other eSafety resources

Choose one or more, depending on the time available:

- Connor says: 'I told her I didn't do anything, that it was just a joke'. Read the page <u>Banter vs bullying</u>. What advice would you give to Connor?
- <u>Pressures from social media</u> are very real and they have consequences for all of us. What are the main consequences that Connor discovered?
- Read <u>I've been called a bully</u> and describe what you could do if you had hurt someone.
- Read <u>Your digital reputation</u> and discuss the importance of managing what people see about you online, including your posts and comments and the photos you are tagged in.
- Use the information in <u>Consent for sharing photos and videos</u> to create an advice sheet aimed at a specific audience (such as people your age, or parents and carers, or grandparents).

OPTIONAL Personal reflection follow-up activity

Respond to the following:

- If someone posted an image of me that I did not like, I would …
- If someone was harassing or intimidating my friend online, I would …
- If I have upset someone with a comment, photo or video, I would …

You can't undo the past, and you can't change the actions or words of other people, but you **can** Rewrite Your Story.

How to get help

eSafety Commissioner

eSafety can help you deal with various types on online abuse including serious cyberbullying, image-based abuse (sharing or threatening to share an intimate image of video of someone without their consent) and the posting of illegal online content (showing sexual abuse or other extreme violence).

esafety.gov.au

Kids Helpline 1800 55 1800

Kids Helpline is a free, private and confidential phone and online counselling service for young people aged 5 – 25 in Australia. It's available 24/7, so you can contact Kids Helpline at any time on an day.

kidshelpline.com.au

Lifeline 13 11 14

Lifeline provides free, confidential crisis support and suicide prevention services. It's available 24/7, so you can contact Lifeline at any time on an day.

lifeline.org.au

Beyond Blue 1300 22 4636

Beyond Blue provides information and support to help everyone in Australia achieve the best possible mental health, whatever their age and wherever they live.

beyondblue.org.au

eheadspace 1800 650 890

eheadspace is a confidential, free, secure space where young people 12-25 or their family can chat, email or speak on the phone with a qualified youth mental health professional.

headspace.org.au/eheadspace

Bullying. No Way!

Bullying. No Way! Provides information on ways individuals, schools and communities can work together to help schools create learning environments where every student and school community member is safe, supported, respected and valued.

bullyingnoway.gov.au

Youth Law Australia

Youth Law Australia provides free, confidential legal information and help for young people under 25.

yla.org.au

Australian Human Rights Commission Human Rights

The Australian Human Rights Commission is an independent third party which investigates complaints about discrimination and human rights breaches.

humanrights.gov.au