eSafety health check

Treat your password like your toothbrush—don’t share it with anyone and change it regularly.

When cyberbullying gets you down, report it: esafety.gov.au/reportcyberbullying

Revisit your privacy settings to protect your personal information.

Don’t act in the heat of the moment—stay calm and chill.

OMG! Nude pics can spread quicker than a virus—reconsider the types of pics you send.

What you post online stays online—think about your digital reputation.

*explore safely